



## Smart Medicine for Healthier Living : Practical A-Z Reference to Natural and Conventional Treatments for Adults

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By Janet Zand; James B. LaValle; Allan N. Spreen

Avery, 1999. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: This valuable home reference brings together reliable information from both natural and healing traditions in an easy-to-use A-to-Z guide. Illustrations & charts.



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