



## The Blessing of a B Minus Using Jewish Teachings to Raise Resilient Teenagers

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By Wendy Mogel Ph. D.

Scribner. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 8.4in. x 5.5in. x 0.6in. New York Times bestselling author, internationally known clinical psychologist, and lecturer Wendy Mogel returns with a revelatory new book on parenting teenagers. Mogel's sage advice on parenting young children has struck a chord with thousands of readers and made her one of today's most trusted parenting authorities. Now, in a long-awaited follow-up, Mogel addresses the question she hears most frequently: what to do when those children become teenagers, when their sense of independence and entitlement grows, the pressure to compete and succeed skyrockets, and communication becomes fraught with obstacles. With her warmth, wit, and signature combination of Jewish teachings and psychological research, Mogel helps parents to ably navigate the often rough journey through the teenage years and guide children to becoming confident, resilient young adults. By viewing the frustrating and worrisome elements of adolescence as blessings, Mogel reveals that they are in fact necessary steps in psychological growth and character development to be met with faith, detachment, and a sense of humor rather than over-involvement and anxiety. Mogel gives parents the tools to do so and offers reassuring spiritual and ethical advice on why influence is more...



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