



The Journey to Black Belt: Begin the Journey to Transform Your Life!

By Kevin L Brett

Kevin Brett Studios, Incorporated, United States, 2011.

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*****.Everything for Parents and Beginning Martial Artists!

Parents, do you feel lost; confused about the zillions of martial arts schools and styles and how to get yourself or your child off to a great start? Want to know what it will take to get the most out of your martial arts experience? Simple questions with simple answers. Maybe you're planning to sign up your children (or yourself) for a martial arts program but you really don't know where to start. And once you've started do you really have a road map and an idea where you want this journey to take you? Journey to Black Belt covers the benefits from the character development like self-discipline and respect. This book provides a strong focus on transforming your character and your life through martial arts! Full of useful checklists and questions to ask when shopping for a school including what answers to be wary of! It explains how to get started with your training and what you will need to do to succeed! The...

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