

You Are Awesome!: Live Your Life by Design, Not by Accident!



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Reviews

I just started off reading this article ebook. It is actually written in basic words and not confusing. I am just very happy to let you know that this is the best ebook I actually have read through inside my individual daily life and can be the finest ebook for possibly.
(Dayne Johns)

YOU ARE AWESOME!: LIVE YOUR LIFE BY DESIGN, NOT BY ACCIDENT!



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Jan Michael Gaynor, the author of *You Are Awesome!* is bringing to the reader his first-hand life experiences. As a youth leader and father of five, he was also an experienced college teacher with 2 Masters Degrees. His experiences cover a wide spectrum of ages, young and old and he has taught many topics for many years. Being very successful in life, a medical incident caused temporary paralysis. Unable to work, he lost almost everything: .business, cars, home, retirement savings, and the ability to complete his PhD - fifty plus years of life s treasures all gone. Overcoming both the physical and mental pain he experienced, he corrected these hardships through attending many self-help classes and seminars for over five years. These events were presented by worldwide known Gurus, coaches and trainers in self-improvement and motivation. Written for the whole family, he teaches the best of the best techniques that work from his own experience. - Learn how you are awesome already - Become even more awesome with a new mindset - Understand why you act and believe as you do - Learn how to overcome negative influences - Learn how to train your mind to think positive - Understand the different personality types - Learn how you learn and how to ask for help The family can learn how to work for the success of each other and the family as a whole. The goal is to improve each family member s life through awareness, mutual respect, communications and cooperative teamwork. Remember *You Are Already Awesome!* *You Are Awesome* has been endorsed by International Bestselling author, coach, speaker; and International Best-Selling author of the...



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