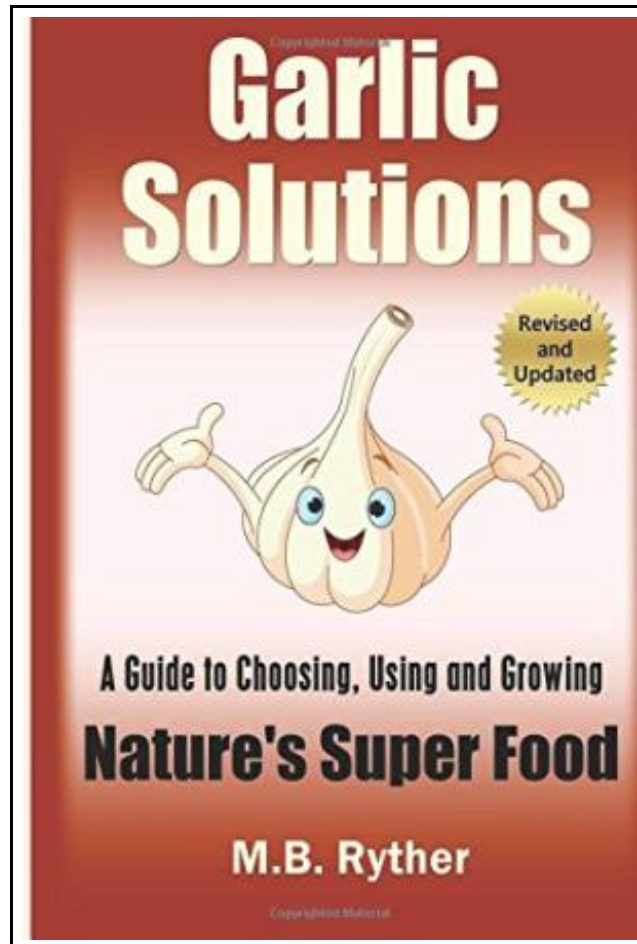


## Garlic Solutions: A Guide to Choosing, Using and Growing Nature s Super Food



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