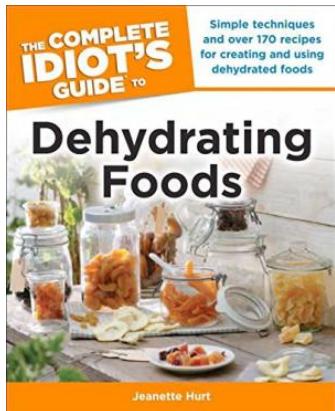


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## THE COMPLETE IDIOTS GUIDE TO DEHYDRATING FOODS



Alpha Books. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 9.0in. x 7.4in. x 0.7in. The Complete Idiots Guide to Dehydrating Foods is a comprehensive introduction to the process of food dehydrating. Commercial dehydrators were once too expensive for the typical home, but they've become much more popular in recent years as people have discovered the value and versatility of drying foods at home for snacks such as dried fruits and vegetables, trail mix, jerkies, fruit leathers, and more, all at...

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