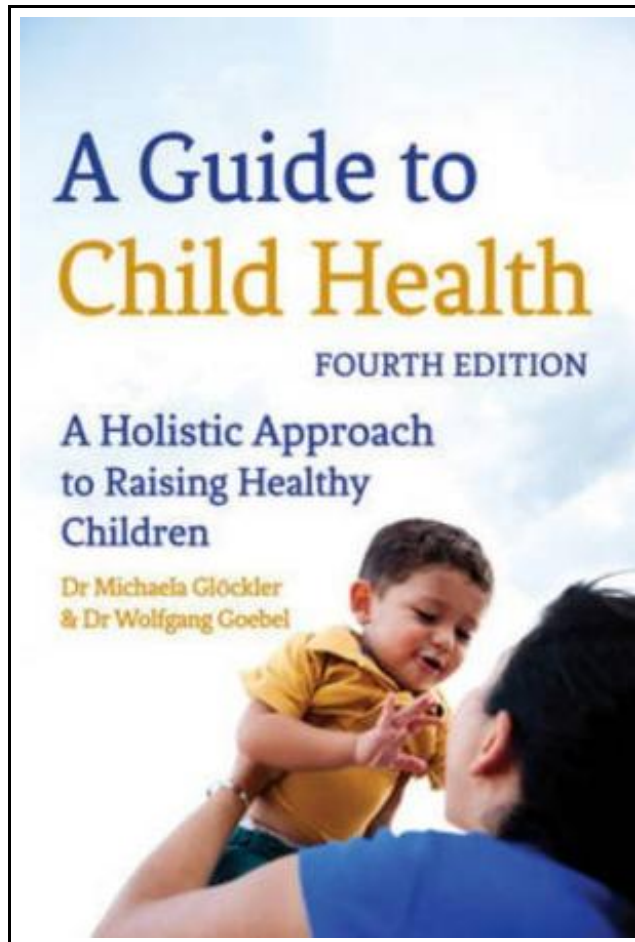


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A GUIDE TO CHILD HEALTH: A HOLISTIC APPROACH TO RAISING HEALTHY CHILDREN (4TH REVISED EDITION)



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Floris Books. Paperback. Book Condition: new. BRAND NEW, A Guide to Child Health: A Holistic Approach to Raising Healthy Children (4th Revised edition), Michaela Glockler, Wolfgang Goebel, Catherine Creeger, This acclaimed guide to children's physical, psychological and spiritual development is now available in a fourth revised edition. Combining up-to-date medical advice with issues of development and education, this is a definitive guide for parents. If you've ever wanted a deeper understanding of your child's illnesses, or to take a more holistic approach to your child's health, this is the book for you. As well as comprehensively covering medical issues, it's also about parenting techniques, education, spirituality and play -- a truly integrated approach to all aspects of raising healthy children in the broadest sense. The authors based their theory and practice on over 20 years' experience in the children's out-patient department of the Herdecke Hospital in Germany, which is run along anthroposophical principles. The first section covers childhood ailments and home nursing. The second part looks at the healthy development of children and how to create the best conditions for them. The authors go on to examine issues of development and education, and their consequences for later life. Throughout, the book is extremely practical, with example situations of conflict and crisis presented, along with possible solutions. It includes medical and health practices in North America, Southern Africa, Australia and New Zealand, as well as the UK and Europe. The fourth edition includes updates on treatments for tonsillitis, croup, sunstroke and headlice, as well as possible complications arising from measles and ultrasound scans. The section on vaccinations includes the latest recommendations and has updates on measles, meningococcal and HPV. There is also a new section on electromagnetic pollution, including mobile (cell) phones and UHF and SHF radio frequencies, and their effects...



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