



Under Cover of Darkness: How I Blogged My Way Through Mantle Cell Lymphoma

By Margaret Cahill

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Under Cover of Darkness: How I Blogged My Way Through Mantle Cell Lymphoma, Margaret Cahill, Not only is this book an inspiring survival manual for cancer patients, but its humour and objectivity make it a choice read for anyone who enjoys real-life drama and pathos. Diagnosed with Mantle Cell Lymphoma in 2012 the author resorted to a blog to keep in touch with friends, and unwittingly ended up writing about the good, the bad and the ugly side of cancer, which attracted many followers. Is there a good? Very possibly. Bad and ugly, definitely. There is also an extremely funny side - wry observations that brought humour into an otherwise bleak landscape which included chemotherapy and a stem cell transplant. The author is also blessed with a big following from the Mind, Body, Spirit community of which she is a part (including Judy Hall, Anita Moorjani, Dolores Ashcroft-Nowicki); from this outpouring of expert support came advice on nutrition and alternative therapies which help to make this an invaluable source of information for cancer patients and their carers.

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